

How should your safety helmet fit?

Use these tips to ensure your HexArmor® Ceros® safety helmet fits properly:



- When you put your safety helmet on, the pre-assembled AirBridge® suspension system should comfortably rest on your head with the brim at eyebrow level
- Height can be adjusted with the variable slots in rear of suspension system for optimized comfort
- Use the one-hand wheel ratchet to ensure a snug fit, but not so tight that it causes discomfort or irritation
- Always wear your safety helmet with the brim of the helmet facing forward

HexArmor® Ceros® safety helmets are not meant to be worn backward or reverse-donned, nor are they tested in this position, and therefore compliance or performance cannot be guaranteed.

The do's and don'ts of caring for your Ceros® safety Helmet

- Do:**
- Perform daily inspections on your helmet and suspension system
 - Replace your helmet immediately if it sustains an impact
 - Clean your helmet and suspension system regularly with mild soap and water
 - Replace your suspension system every 12 months and your sweatband as needed

- Don't:**
- Store items in or around the suspension system and shell while wearing
 - Leave your helmet sitting out in the sunlight after use
 - Use paint, chemicals, or other solvents on your helmet
 - Modify, engrave, or alter your helmet shell or suspension
 - Sit on your safety helmet